

Creamy cauliflower soup



For 3-4 servings:

450 g cauliflower, cut into pieces

1 large potato, cubed

1 onion, chopped

fresh parsley, finely chopped

olive oil, for garnish (optional)

salt and pepper, to taste

Cook the cauliflower, onion and potato in 1 l water. When the vegetables are cooked blend until smooth.

Add salt and pepper to taste. Garnish with fresh parsley and a little bit olive oil.