

Cauliflower Salad



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1 medium cauliflower

2 garlic cloves, mashed

4-5 tablespoons vegan mayonnaise (see the recipe [here](#))

fresh parsley, finely chopped, to garnish

salt and pepper, to taste

Cut the cauliflower into florets, wash and cook them in water with a little bit of salt. Drain and allow to cool.

Mash it using a blender/food processor (or a fork). Add the vegan mayonnaise, garlic, salt and pepper and mix it well.

Garnish with finely cut fresh parsley .



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