

Breaded zucchini



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For 2-3 servings:

2 medium zucchini
flour
1/2 cup unsweetened soy milk
salt, to taste

oil for frying

Wash and cut the zucchini in 0.5 cm slices.

Coat the zucchini slices with flour (shake the flour excess), dip them in soy milk, then coat again with flour.

Fry in hot oil, on both sides, until golden brown.

Serve hot with garlic sauce.