

Breaded mushrooms



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For 1-2 servings:

250 g mushrooms

flour

1/2 cup unsweetened soy milk

salt, to taste

oil for frying

Wash the mushrooms. Coat them with flour (shake the flour excess), dip in soy milk, then coat again with flour.

Fry in hot oil, on both sides, until golden brown.

Serve hot with garlic sauce.