

About me

Hi! I'm Fleur and I invite you to a journey in a compassionate culinary universe.

This site was born out of love for non-human friends, passion for cooking and the desire to facilitate and encourage everyone to adopt a vegan diet, to demonstrate that veganism is not only healthy but also a joy to the soul, eyes and taste buds.

The recipes presented are collected from all over the world, adapted and given back to the world.

The recipes are veganized and adapted so that we get maximum of nutrients.

Most recipes are quick, simple and tasty, for any occasion, even it is for breakfast or for a dinner party.

If you have any questions do not hesitate to contact me, I'll answer with all my heart.

Enjoy!