

Zucchini in tomato sauce



For 2-3 servings:

2 large/3 small zucchinis, washed and cubed

1 large onion, finely chopped

1 tin diced tomatoes (400g)

2 tablespoons oil

parsley, finely chopped

salt and pepper

Stir fry the onion in oil for 2-3 minutes. Add the zucchini and very little water. Cook for 5 minutes then add the canned tomatoes. Cook until the zucchinis are done. Add salt and pepper to taste. Garnish with parsley.

Serve with salad.